

### **Eligible OTC Medical Supplies**

*Itemized receipt required with claim request.*

- Adult incontinence products (e.g. Depends)
- Baby electrolytes (e.g. Pedialyte)
- Birth control products (e.g. prophylactics, pregnancy tests)
- Contact lens solution
- Denture adhesives
- Diabetic supplies (including insulin)
- Ear supplies (e.g. ear syringe)
- First aid supplies (e.g. band-aids)
- Health monitors (e.g. blood pressure, cholesterol, HIV, thermometers)
- Hearing aid batteries
- Heat wraps
- Heating pads, hot water bottles
- Lice treatment products (e.g. Nix, Rid)
- Medicine dropper/spoon
- Motion sickness devices
- Ophthalmic products (e.g. Ocu Hist, Visine, Saline solution)
- Supports/braces (e.g. ankle, knee, wrist, therapeutic glove, support hosiery)

### **OTC Items Requiring Additional Certification**

*Itemized receipt **and** Certification of Medical Necessity<sup>2</sup> required with claim request.*

- Acne medications
- Allergy and sinus medications (e.g. Benadryl, Claritin, Sudafed)
- Anti-fungal medications (e.g. Lotramin AF)
- Anti-itch medications (e.g. Caladryl, Cortizone)
- Calcium supplements
- Cold sore medications
- Cough, cold & flu remedies
- Decongestants
- Diaper rash ointments
- Fiber supplements
- First aid creams
- Foot insoles
- Gastrointestinal aids (antacids, anti-diarrhea medicines, laxatives, nausea medications)
- Herbal medicines
- Homeopathic remedies
- Hormone therapy
- Joint supplements
- Lactose intolerance pills
- Motion sickness pills
- Nasal sprays for congestion (e.g. Afrin)
- Nasal strips & snore relief (e.g. Breathe Right)
- OTC Drugs and Medicines
- Pain relievers (e.g. aspirin, Excedrin, Tylenol, Advil, Motrin)
- Pre-natal vitamins
- Sleeping aids
- Suppositories
- Toothache relievers (e.g. Orajel)
- Topical ointments for gingivitis
- Vaporizers/humidifiers
- Vitamins/minerals/supplements
- Wart remover medications
- Yeast infection creams (e.g. Monistat)

### **Ineligible OTC Items**

*Do not submit for reimbursement.*

- Baby diapers
- Cosmetics
- Deodorants
- Face creams
- Feminine hygiene products
- Hair removal products
- Insect repellants
- Lip balms (e.g. Chapstick, Blistex)
- Lotions/Moisteners
- Mouthwashes
- Shampoos
- Soaps
- Sport energy liquids, bars, etc.
- Stay awake aids (e.g. No Doz)
- Suntan lotions
- Teeth whitening products
- Toiletries
- Toothpaste
- Tooth brush
- Wrinkle reducers

<sup>1</sup>Please note that this is not a complete list, but is intended to provide Plan participants with examples of OTC items that may be eligible. (Limited-purpose FSA/HRA Plan participants should check their Plan Highlights to see if OTC items are eligible.)

Up-to-date information is available at [www.BenefitResource.com](http://www.BenefitResource.com).

<sup>2</sup>The *Certification of Medical Necessity* form can be obtained at [www.BenefitResource.com](http://www.BenefitResource.com).

Note: The ability to purchase certain OTC items with the Beniversal Card may vary by merchant, based on how the individual merchant implements IAS. Benefit Resource uses the SIGIS IAS industry standard to determine claim eligibility.